

CCCA Newsletter

The Centreville-Chicopee
Community Association
Newsletter



SPRING
2018



Spring Programing 2018

Be sure to check out our
NEW programs this season!

**Registration Starts
February 27
and is on-going**

Register on-line or in person at
Centreville-Chicopee Community Centre
141 Morgan Ave, Kitchener, ON

Phone 519-741-2490

TTY 1-866-969-9994

Monday-Thursday 9am-12pm & 1-8pm

Friday 9am-12pm & 1-4pm

Saturday 9am-12pm

Centre hours are based on
programming and special events.

*Due to limited space in our programs we
encourage you to **Register Early** to avoid
disappointment.*

Online Registration Starts Feb 27

The Centreville-Chicopee Community
Association (CCCA) is now offering
convenient online registration for your
neighbourhood programs.

Find out how you can register for your
favourite programs quickly and easily online
– in the comfort of your own home - by
visiting www.kitchener.ca or *flipping to*
page 3

We can also help you process your
registration in person at the
Centreville-Chicopee Community Centre



INSIDE THIS ISSUE

How to Register for Programs Online

Volunteer/Instructor Opportunities

Calendar of Events

Program listing

Printed in co-operation with





Your Centreville-Chicopee Community Association Board of Directors do a great job fulfilling their mission to promote recreation, education and social activities and to encourage the participation of people of all ages to foster community spirit.

I want to thank them for creating the programs and events you'll find in this guide and for the many hours they volunteer to plan and to run all these activities.

Neighbourhood Camps Registration begins on March 1. The spring programs begin in April with registration starting on February 27. Please keep Saturday, June 9 open for Neighbours Day. Big thanks to Grandview Church for their incredible financial and volunteer support for our Neighbours Day party.

I hope to see you at some events at your Centreville-Chicopee Community Centre. If you see me at an event or around our ward, please say hello! Follow me on Twitter @daveschniderKW and friend me on Facebook for updates on events and issues. My website daveschnider.com has a lot of information on our Ward 2.

When you have questions or concerns contact me at dave.schnider@kitchener.ca, call my office at 519.741.3424 or my cell phone at 226.751.2470. I look forward to serving you.

Sincerely,

Councillor Dave Schneider—Ward 2

Save the date! June 9, 2018



New website is your one-stop-shop for all things neighbourhood!
Find what's happening in your 'hood.
Search for inspiring ideas.
Get cash for your next project.
New website launches February 14, 2018.
Visit lovemyhood.ca to get started!



EASTER EGG PARTY

MARCH 28, 2018

MORE DETAILS TO FOLLOW



Register Online

Our new online program registration system - [ACTIVE Net](#) - is now live! The new system will allow you to:

- Register for programs using your email address (no more worrying about a PIN and Family ID)
- Find the programs you're looking for easily with its better search function
- Experience fewer delays on those prime registration days due to overloaded servers

Existing Accounts

If you have registered for programs over the past three years and/or have a WEBreg account:

Step 1: Go to www.kitchener.ca/activenet.

Step 2: Click on 'Sign In'.

Step 3: Click on 'Forgot Password' and enter your email address to have your login information sent to you.

If you have an account but it's not accepting your email, please call 519-741-2200 x2907 or drop into a community centre near you.

New Customers

If you've never registered for a City of Kitchener program (or it's been longer than three years) you'll need to create a new account:

Step 1: Go to the [new online site](#).

Step 2: Click on 'Create Account'.

Step 3: Complete your information!

Please note: The new system requires you to have an email address to access your account. If you are enrolling children or family members, you will need to add them to your account for registration. If you do not set up children or family members when creating your account, there is an opportunity to do so at any time under "My Account".

Tips to help you have a great online registration experience

With the registration system, you can:

- Register for camps and programs at community centres, arenas, and pools
- Look up facility information
- View upcoming registration dates

1. Have your login name and password ready

1. Go to www.kitchener.ca/activenet
2. Click "Sign In"
3. Login with your email address and password

2. Pick your classes ahead of time

Create a Wish List to add programs or activities before registration starts. When registration opens, log into your account and complete your transaction.

Please note: this does not guarantee a spot in the program. It's a good idea to have some backup classes just in case your preferred class is full.

Refund Policy Procedures: Requested by Participants Only

- A 100% refund will be given if you withdraw from a program more than seven (7) days before the first day of the program.
- Refunds will only be given in the same form as payment made.
- Cash refunds over \$20 will be refunded by cheque.
- Please note: If credit is left on an account, the credit will expire after three years.
- NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.
- If you have any questions please contact the city facility associated with the program

Refund Policy Procedures: Program Cancellation

A full refund will be issued for any programs the CCCA cancels.

CENTREVILLE CHICOPEE COMMUNITY ASSOCIATION

Privacy Policy

The CCCA understands that you value your privacy. Our Association is committed to ensuring the confidentiality and proper use of any personal information you provide.

To view a copy of our Privacy Policy please contact:

Chicopee-Centerville Community Association

141 Morgan Ave, Kitchener, ON N2A 2M4,

Or view the Privacy Policy online at <http://cccakitchener.com/>

Centreville Chicopee Contract Instructors

The CCCA is always looking for certified and experienced contract instructors who are interested in providing engaging activities and programs to our community. Hours of work will be determined upon the weekly commitment of the program (i.e. Adult Fitness classes may have both intermediate and experienced classes).

POSITION REQUIREMENTS

- Must have appropriate certifications from accredited organizations.
- Must be at least 18 years of age.
- Must be willing to attend mandatory staff training.
- Must have demonstrated communication skills.

Please submit all resumes to Ernest at: cccaprograms@outlook.com



CCCA BOARD MEETINGS

Are you interested in volunteering opportunities or simply want to find out more about what goes on at CCCA? Then *come on in and share your input with us!* Meetings are typically held on once a month on the third Wednesday from 7 - 8 pm. Please check the date of the next meeting our Facebook page.

KEEP IN TOUCH WITH YOUR LOCAL CCCA

Throughout the year the CCCA works hard to bring our community many fun events and excellent programming. Follow us on Facebook (Centreville Chicopee Community Association), Twitter (@CCentreville) or stop by the web site (www.CCCAkitchener.com) to see what's happening at the Centreville-Chicopee Community Association this season!

CALENDAR OF EVENTS

Programs are cancelled on the following dates:

Saturday May 19 and Monday May 21 – Victoria Day long weekend

Thursday June 7 – Provincial Elections

Preschool Programs

LITTLE LEARNERS (30m-5yrs)				
Your child will enjoy discovering new friends, toys, games, songs, and stories				
\$80.50 / 12 wks	Wed 9:30-11:30am	Apr 4	Pre	17443
\$80.50 / 12 wks	Fri 9:30-11:30am	Apr 6	Pre	17444
LITTLE MEDICAL SCHOOL PRE-K (3-5yrs)				
Little Medical School Pre-K® brings medicine, science, and the importance of health to children between ages 3 to 5 in an entertaining, exciting, and fun way. Children learn and have fun as they dress up like doctors, learn how to use instruments doctors use, and understand how the body works! Each student receives their own stethoscope that really works! Each student will also receive a diploma as a graduate of Little Medical School at the completion of the course.				
\$48 / 6 wks	Tues 10-11am	Apr 10	Rm 1	20397

Children & Youth Programs

KINDER SOCCER (3-5yrs)				
This program teaches basic skills of soccer in an active fun class of same age children				
\$44 / 11 wks	Sat 12:15-1pm	Apr 7	Gym	17440
\$44 / 10 wks	Mon 6-6:45pm	Apr 9	Gym	17439
JUNIOR SOCCER (6-11yrs)				
This program teaches basic skills of soccer in an active fun class of same age children				
\$44 / 11 wks	Sat 11:30-12:15pm	Apr 7	Gym	17432
KARATE I (4-7yrs) **NEW INSTRUCTOR**				
NEW INSTRUCTOR An introduction to karate to help build self-confidence, respect of self and others. Testing and uniforms are available at an extra cost but are not required.				
\$60 / 11 wks	Tues 4:30-5:15pm	Apr 3	Gym	17435
KARATE II (8-14yrs) **NEW INSTRUCTOR**				
NEW INSTRUCTOR Students will learn more advanced skills, including, self-defense and kata. Testing and uniforms are available at an extra cost but are not required.				
\$60 / 11 wks	Tues 5:15-6pm	Apr 3	Gym	17434
DRAMATIC ARTS *NEW* (10-12yrs)				
Participants will be introduced to the basic techniques and principles of theatrical plays and acting through the form of brief lessons and games, as well as be preparing for a play that will be performed in front of friends and family on the last class.				
\$40 / 10 wks	Mon 6:45-7:45	Apr 9	Rm 1	17425
JUNIOR BASKETBALL (6-11yrs)				
During this program your child will learn the basic skills of basketball in an active fun class.				
\$44 / 11 wks	Sat 10:45-11:30am	Apr 7	Gym	17431
VISUAL ARTS *NEW* (6-9yrs)				
This program will be based around the seven basic concepts of visual arts – line, space, shape, form, texture, value and color. Each class will consist of a brief lesson followed by making an art piece based on one of those concepts. At the end of the program, participants will have a portfolio to bring home with all their accomplishments.				
\$48 / 11 wks	Tue 6-6:45pm	Apr 3	Rm 1	17447
LITTLE MEDICAL SCHOOL (6-10yrs)				
The mission of Little Medical School® is to teach elementary school children about the exciting field of medicine. Through hands-on demonstrations, crafts, and games, children are actively engaged as they explore the world of medicine.				
Using interactive demonstrations, crafts, and games, kids learn how the body and organs work, how to use instruments that real doctors use, administer first aid, and even tie knots like a real surgeon. Each student receives their own stethoscope that really works and a diploma as a graduate of Little Medical School at the completion of the course				
\$48 / 6 wks	Thurs 6-7pm	Apr 12	Rm 1	20398

Dance Programs

KINDER BALLETT (30M-5yrs)				
Program introduces child to beginner fundamentals of ballet, a great way to have fun and get active.				
\$44 / 11 wks	Sat 10:30-11am	Apr 7	Rm 1	17436
KINDER COMBO (30M-5yrs)				
Program introduces child to beginner fundamentals of jazz and ballet, a great way to have fun and get active.				
\$44 / 11 wks	Sat 10-10:30am	Apr 7	Rm 1	17437
COMBO DANCE (6-9yrs)				
Program introduces child to beginner fundamentals of jazz and ballet, a great way to have fun and get active.				
\$48 / 12 wks	Tues 5:15-6pm	Apr 3	Rm 1	17421
\$44 / 11 wks	Sat 11-11:30am	Apr 7	Rm 1	17438

Family Programs

FAMILY YOGA				
Experience a play based yoga setting for the whole family. Classes teach a variety of traditional yoga postures and breathing techniques through play, partner work and time alone on the mat. A fun way to get in touch with the body and movement for parents and kids. Family yoga is for parents and children age 4-14. ***Price includes one adult and up to three children aged 4-14 years. Each adult must register. Bring your own yoga mat.***				
\$55 / 11 wks	Thurs 6-7pm	Apr 5	Gym	17427

Special Interest – Youth Programs

CCCC YOUTH DROP IN (12-14 and 15-17yrs)			
Bored? Having trouble finding ways to fill your weekday evenings? Why not try Youth Drop-In (YDI)...which features sports, games, music, art, food and so much more! Everyone's welcome – come along and bring a friend!			
Free	Tues 6:30-9pm *for ages 12-14 years	Ongoing	Gym
Free	Fri 7-9:30pm *for ages 15-17 years	Ongoing	Gym

SUMMER COPS

Registration in person: June 11, 2018 5 p.m. Cost: \$25.00

An adult **must** register their children at Centreville-Chicopee Community Centre in person.

There are a limited number of spots available. Child must be 10-15yrs old to attend.

The continuing purpose of this program is to build positive relationships between youth, police and the fire service while participating in different community and recreational activities. Your child must be able to attend **ALL DAYS** of the program.

Participants must attend **all** programs dates:

August 14 – CCCC

August 16 - WRESTRC

August 17 - Bingeman's

August 28-30 - Camp

September 13 - Celebration

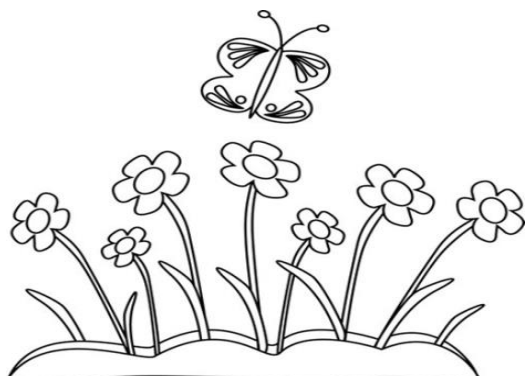


Adult Programs

ADULT BASKETBALL (25+)				
Informal basketball for adults is being offered at Centreville Chicopee Community Centre. Encourage your basketball loving friends to come out for some pick-up basketball. This group is informal and all skills are welcome. Must be 25 years old or older.				
\$30 / 10 wks	Mon 6:45-8:45pm	Apr 9	Gym	17448
POUND *NEW* (16+)				
POUND is a unique exercise method inspired by the energizing and sweat dripping fun of playing the drums. Using Ripstix, lightly weighted drumsticks, POUND was designed to transform drumming into an incredibly effective way of working out.				
\$50.50 / 11 wks	Thurs 7-8pm	Apr 5	Rm 2	17446
BALLROOM DANCING - BEGINNER (18+)				
This introductory couples' class teaches the basics of Foxtrot, the Waltz, Rumba, Swing, and Tango, focusing on communication between partners. The class will teach you to feel comfortable and confident out on the dance floor. This program is for couples – participants must register individually.				
\$70.50 / 11 wks	Thu 7:00-8:00pm	Apr 5	Gym	17417
BALLROOM DANCING - INTERMEDIATE (18+)				
Building on the skills you have learned in Beginner Ballroom, this couples' class focuses on techniques that turn steps into dancing. Build your repertoire of moves in Foxtrot, Waltz, Swing, Tango, Rumba, and add Cha Cha as well. This program is for couples – participants must register individually.				
\$80.50 / 11 wks	Thu 8:00-9:30pm	Apr 5	Gym	17418
BRAIN FITNESS (16+)				
The scientifically based, physical workout designed to stimulate and challenge your brain. Whether you're concerned about dementia, or wish to maintain a healthy brain, this class is a fun-filled mental tune-up that teaches important techniques for preserving cognitive health as you age.				
\$57 / 11 wks	Thurs 1:30-2:30pm	Apr 5	Gym	17419
DANCING WITH DISABILITIES *NEW* (16+)				
Canada's first dance program tailored to meet the physical and cognitive challenges of MS, Parkinson's, cerebral palsy, stroke, TBI, and other movement disorders. This scientifically based program uses music and dance to stimulate the body/brain connection, creating greater balance, coordination, and fluidity of movement. Wheelchairs, scooters, walkers, or your own two feet, everyone is welcome. No experience necessary. Trained volunteers in every class. Funding may be available for those on disability pensions.				
\$60 / 12 wks	Wed 1:30-2:30pm	Apr 4	Gym	17424

Special Interest

CROCHET CLUB				
Join us for crochet club where we share ideas, patterns and so many laughs! \$5 cost covers supplies.				
\$5.00/ 10 wks	Mon 9:15-10:45am	Apr 9	Rm 1	17423



Partner Programs *Register in person unless stated otherwise*

KIDZONE (5-12yrs)				
Join us weekly for games, skits, trivia and lots of fun! *Parents will need to fill out a form prior to child attending.				
Free / Drop In	Tues 3:20-4:20pm	Apr 3	Gym	
LEARNING IS CHILD'S PLAY (Up to age 6)				
For parents and children up to age 6 focusing on developing skills to support learning in kindergarten. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / Drop In	Thurs 9:15-11:15am	Apr 5	Pre/Gym	
BABY AND ME (0-12 mths)				
Parent and infant birth to 12 months come together to learn songs, rhymes and finger play. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / 6 wks	Wed 1:30-2:30pm	Jun 6	Rm 1	17414
INFANT MASSAGE (0-12 mths)				
Parents with babies under 1 learn how to massage their babies in a comfortable environment. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / 4 wks	Wed 1:30-2:30pm	Apr 11	Rm 1	17430
BABY CONNECTIONS (6-12 mths)				
Parent and infant, 6 to 12 month program focusing on building early literacy skills through songs, rhymes and books. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / 4 wks	Wed 1:30-2:30pm	May 9	Rm 1	17415
NUTRITIOUS KITCHEN				
Learn the basics of preserving food, each week will concentrate on one fruit/vegetable and preserving in a couple of different ways and how to store food for the winter. Also an introduction to utensils and pots used in preserving. *Free child care available*				
Free / 6 wks	Thurs 1:00-2:30pm	Mar 22	Kitchen/Pre	
HOME ALONE (9-10 YRS)				
This course is designed for the 9 and 10 year old group by the Canadian Safety Council, to help prepare them to deal with unforeseen emergencies and staying safe in times where they may find themselves alone for short periods of time. Participants will learn how to deal with phone calls and visitors, recognize hazards and follow home safety procedures. They will also learn first aid basics, healthy eating, fire safety and how and when to use 911.				
\$45 / 1 wk	Fri 9am – 3:30pm	Jun 1	Rm 2	17416
JUST4GIRLS – SHORE (10-12 yrs)				
This is a free program for girls ages 10-12. We will play fun games and chat about all things girl-related! We will talk about things like your changing body, friendships and relationships! Snacks are provided.				
Free / 8 wks	Tues 3:30 – 5pm	Apr 10	Rm 2	



**SUPPORTING FAMILIES
WITH CHILDREN 17 YEARS
OF AGE AND UNDER IN
WATERLOO REGION**

The Family Outreach Program is a community-based program created to prevent and reduce child poverty in the Waterloo Region.

Our goal is to assist children and families experiencing low-income to access the services they need in their own communities.

Please call ahead to set up a time just for you with Katherine.
519-742-8327 x 242

Walk in appointments may be available on a first come basis.
Monday, Tuesday, Wednesday and Friday