

# CCCA Newsletter

The Centreville-Chicopee  
Community Association  
Newsletter



**WINTER  
2018**



## Winter Programming 2018

Be sure to check out our  
**NEW** programs this season!

**Registration Starts  
November 21  
and is on-going**

Register on-line or in person at  
Centreville-Chicopee Community Centre  
**141 Morgan Ave, Kitchener, ON**

Phone 519-741-2490

TTY 1-866-969-9994

Monday-Thursday 9am-12pm & 1-8pm

Friday 9am-12pm & 1-4pm

Saturday 9am-12pm

Centre hours are based on  
programming and special events.

*Due to limited space in our programs we  
encourage you to **Register Early** to avoid  
disappointment.*

## Online Registration Starts Nov 21

The Centreville-Chicopee Community Association (CCCA) is now offering convenient online registration for your neighbourhood programs.

Find out how you can register for your favourite programs quickly and easily online – in the comfort of your own home - by visiting [www.kitchener.ca](http://www.kitchener.ca) or *flipping to page 3*

We can also help you process your registration in person at the Centreville-Chicopee Community Centre



## INSIDE THIS ISSUE

How to Register for Programs Online

Volunteer/Instructor Opportunities

Calendar of Events

Program listing

Printed in co-operation with





Thanks for looking through your Winter Program Guide. There are a wide variety of program and event options for you to enjoy thanks to the great work of your Centreville-Chicopee Community Association Board of Directors and Program Coordinators. I hope you take part in some of the options they've prepared for you.

Your Centreville-Chicopee Community Association Board is a great group who would welcome you joining them. If you're interested in finding out where you could volunteer or find out more about what they do, attend a board meeting. They're usually held on the third Wednesday of each month from 7 - 8 pm. You can check the meeting dates on their Facebook page.

Centreville-Chicopee was the first community centre in Kitchener. I hope to see you at some upcoming events and activities planned for you there. Enjoy some excellent outdoor skating on one of the best outdoor rinks in the city too.

If you see me at an event or around our ward, please say hello! Follow me on Twitter @daveschniderKW and friend me on Facebook for updates on events and issues.

You can always contact me with your questions or concerns at [dave.schnider@kitchener.ca](mailto:dave.schnider@kitchener.ca), call me at my office 519.741.3424 or on my cell phone at 226.751.2470. My website is [daveschnider.com](http://daveschnider.com). I look forward to hearing from you.

Sincerely,

Councillor Dave Schnider—Ward 2

### Bring your Neighbours Together!



At Festival of Neighbourhoods, we support and encourage citizens who host gatherings open to everyone in their neighbourhood in many practical ways: tools, resources and hands on supports; prizes and awards; sharing ideas and stories.

Contact us for more information: [www.waterlooregion.org/neighbourhoods](http://www.waterlooregion.org/neighbourhoods)

## WINTER COPS

Registration begins: Tuesday, January 9 at 9AM

Cost: \$10

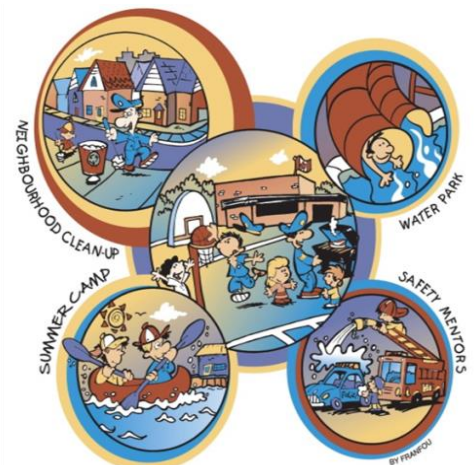
Program Dates: **JANUARY 23 3:30-6PM**  
**JANUARY 24 3:30-8PM**

An adult **must** register their children at Centreville-Chicopee Community Centre.

Limited number of spots available

Must be 10-15 years old to attend

The continuing purpose of this program is to build positive relationships between youth, police and the fire service while participating in different community and recreational activities. Your child must be able to attend **both days** of the program.



# Register Online

Our new online program registration system - [ACTIVE Net](#) - is now live! The new system will allow you to:

- Register for programs using your email address (no more worrying about a PIN and Family ID)
- Find the programs you're looking for easily with its better search function
- Experience fewer delays on those prime registration days due to overloaded servers

## **Existing Accounts**

If you have registered for programs over the past three years and/or have a WEBreg account:

**Step 1:** Go to [www.kitchener.ca/activenet](http://www.kitchener.ca/activenet).

**Step 2:** Click on 'Sign In'.

**Step 3:** Click on 'Forgot Password' and enter your email address to have your login information sent to you.

If you have an account but it's not accepting your email, please call 519-741-2200 x2907 or drop into a community centre near you.

## **New Customers**

If you've never registered for a City of Kitchener program (or it's been longer than three years) you'll need to create a new account:

**Step 1:** Go to the [new online site](#).

**Step 2:** Click on 'Create Account'.

**Step 3:** Complete your information!

Please note: The new system requires you to have an email address to access your account. If you are enrolling children or family members, you will need to add them to your account for registration. If you do not set up children or family members when creating your account, there is an opportunity to do so at any time under "My Account".

## **Tips to help you have a great online registration experience**

With the registration system, you can:

- Register for camps and programs at community centres, arenas, and pools
- Look up facility information
- View upcoming registration dates

### **1. Have your login name and password ready**

1. Go to [www.kitchener.ca/activenet](http://www.kitchener.ca/activenet)
2. Click "Sign In"
3. Login with your email address and password

### **2. Pick your classes ahead of time**

Create a Wish List to add programs or activities before registration starts. When registration opens, log into your account and complete your transaction.

Please note: this does not guarantee a spot in the program. It's a good idea to have some backup classes just in case your preferred class is full.

## **Refund Policy Procedures: Requested by Participants Only**

- A 100% refund will be given if you withdraw from a program more than seven (7) days before the first day of the program.
- Refunds will only be given in the same form as payment made.
- Cash refunds over \$20 will be refunded by cheque.
- Please note: If credit is left on an account, the credit will expire after three years.
- NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.
- If you have any questions please contact the city facility associated with the program

## **Refund Policy Procedures: Program Cancellation**

A full refund will be issued for any programs the CCCA cancels.

# **CENTREVILLE CHICOPEE COMMUNITY ASSOCIATION**

## **Privacy Policy**

The CCCA understands that you value your privacy. Our Association is committed to ensuring the confidentiality and proper use of any personal information you provide.

To view a copy of our Privacy Policy please contact:

Chicopee-Centerville Community Association

141 Morgan Ave, Kitchener, ON N2A 2M4,

Or view the Privacy Policy online at <http://cccakitchener.com/>

## **Centreville Chicopee Contract Instructors**

The CCCA is always looking for certified and experienced contract instructors who are interested in providing engaging activities and programs to our community. Hours of work will be determined upon the weekly commitment of the program (i.e. Adult Fitness classes may have both intermediate and experienced classes).

## **POSITION REQUIREMENTS**

- Must have appropriate certifications from accredited organizations.
- Must be at least 18 years of age.
- Must be willing to attend mandatory staff training.
- Must have demonstrated communication skills.

Please submit all resumes to Ernest at: [cccaprograms@outlook.com](mailto:cccaprograms@outlook.com)



## **CCCA BOARD MEETINGS**

Are you interested in volunteering opportunities or simply want to find out more about what goes on at CCCA? Then *come on in and share your input with us!* Meetings are typically held on once a month on the third Wednesday from 7 - 8 pm. Please check the date of the next meeting our Facebook page.

## **KEEP IN TOUCH WITH YOUR LOCAL CCCA**

Throughout the year the CCCA works hard to bring our community many fun events and excellent programming. Follow us on Facebook (Centreville Chicopee Community Association), Twitter (@CCentreville) or stop by the web site ([www.CCCAkitchener.com](http://www.CCCAkitchener.com)) to see what's happening at the Centreville-Chicopee Community Association this season!

## **CALENDAR OF EVENTS**

### **Programs are cancelled on the following dates:**

Saturday February 17 and Monday February 19

All programs are cancelled for the Family Day weekend

Monday, March 12 – Friday, March 16

All programs are cancelled for March Break

## Preschool Programs

<b>LITTLE LEARNERS (30m-5yrs)</b>				
Your child will enjoy discovering new friends, toys, games, songs, and stories				
\$67 / 10 wks	Wed 9:30-11:30am	Jan 10	Pre	14135
\$67 / 10 wks	Fri 9:30-11:30am	Jan 12	Pre	14134



Registration for Strong Start's® *Get Ready for School* program will begin on **November 1st, 2017!** This program is free for children born in 2014. Trained Instructors will help children learn letter sounds, build their vocabularies, develop classroom learning behaviours (e.g. lining up, taking turns), and will make new friends. For more information about this great program go to [www.strongstart.ca](http://www.strongstart.ca).

## Children & Youth Programs

<b>KINDER SOCCER (3-5yrs)</b>				
This program teaches basic skills of soccer in an active fun class of same age children				
\$40 / 10 wks	Sat 12:15-1pm	Jan 13	Gym	14130
\$40 / 10 wks	Mon 6-6:45pm	Jan 8	Gym	14131
<b>JUNIOR SOCCER (6-11yrs)</b>				
This program teaches basic skills of soccer in an active fun class of same age children				
\$40 / 10 wks	Sat 11:30-12:15pm	Jan 13	Gym	15394
<b>KARATE BEGINNER – WHITE + RED BELT (6-14yrs)</b>				
An introduction to karate to help build self-confidence, respect of self and others. Testing and uniforms are available at an extra cost but are not required.				
\$50 / 10 wks	Tues 4:30-5:15pm	Jan 11	Gym	15395
<b>KARATE ADVANCED – YELLOW BELT + (6-14yrs)</b>				
Students will learn more advanced skills, including sparring, self-defense and kata. Testing and uniforms are available at an extra cost but are not required.				
\$50 / 10 wks	Tues 5:15-6pm	Jan 11	Gym	15399
<b>DRAMATIC ARTS *NEW* (10-12yrs)</b>				
Participants will be introduced to the basic techniques and principles of theatrical plays and acting through the form of brief lessons and games, as well as be preparing for a play that will be performed in front of friends and family on the last class.				
\$40 / 10 wks	Mon 6:45-7:45	Jan 8	Rm 1	16491
<b>JUNIOR BASKETBALL (6-11yrs)</b>				
During this program your child will learn the basic skills of basketball in an active fun class.				
\$40 / 10 wks	Sat 10:45-11:30am	Jan 13	Gym	14126
<b>YOUNG LEARNERS CLUB</b>				
Geared towards homeschooled kindergarten ages, Young Learners' Club meets weekly for structured and free play. (All ages are welcome though to join in the fun!) We will have story time, a themed craft and circle time, and activities! Play with friends and meet new ones!				
Free / monthly	Tues 9:30-11:30am	Jan 16	Pre	15595

**Programs cancelled**  
**Saturday Feb 17, Monday Feb 19; Monday, Mar 12 – Friday, Mar 16**

<b>VISUAL ARTS *NEW* (6-9yrs)</b>				
This program will be based around the seven basic concepts of visual arts – line, space, shape, form, texture, value and color. Each class will consist of a brief lesson followed by making an art piece based on one of those concepts. At the end of the 12 week program, participants will have a portfolio to bring home with all their accomplishments.				
\$40 / 10 wks	Tue 6-6:45pm	Jan 9	Rm 1	16492
<b>LEGO MINDSTORM ROBOTICS – STEMOTICS *NEW* (9-14yrs)</b>				
LEGO Mindstorms EV3 is designed for those with no programming background and introduces students to concepts such as coding, looping, decision-making and flow control as they utilize the visual drag and drop programming interface. Students design and build programmable robots using high-quality motors, sensors, gears, wheels, axles, and other technical components. By using hands-on robotics, students will gain a better understanding of how technology works in real world applications.				
\$36.50 / 4 wks	Wed 4:15-5:45pm	Jan 31	Rm 2	14132
<b>LEGO WeDo ROBOTICS – STEMOTICS *NEW* (5-8yrs)</b>				
The LEGO® WeDo robotics is a robotics program that introduces young students to robots & coding. Students will be able to build LEGO models featuring working motors and sensors; program their models; and explore a series of cross-curricular, theme-based activities while developing their skills in science, technology, engineering, and mathematics as well as language, literacy, and social studies.				
\$36.50 / 4 wks	Wed 6-7pm	Jan 31	Rm 2	14133

## Dance Programs

<b>KINDER BALLET (30M-5yrs )</b>				
Program introduces child to beginner fundamentals of ballet, a great way to have fun and get active.				
\$40 / 10 wks	Sat 10:30-11am	Jan 13	Rm 1	14127
<b>KINDER JAZZ (30M-5yrs)</b>				
Learn fun and exciting Jazz dance steps at a beginner level.				
\$40 / 10 wks	Sat 11-11:30am	Jan 13	Rm 1	14129
<b>KINDER COMBO (30M-5yrs)</b>				
Program introduces child to beginner fundamentals of jazz and ballet, a great way to have fun and get active.				
\$40 / 10 wks	Sat 10-10:30am	Jan 13	Rm 1	14128
<b>COMBO DANCE (6-9yrs)</b>				
Program introduces child to beginner fundamentals of jazz and ballet, a great way to have fun and get active.				
\$40 / 10 wks	Tues 5:15-6pm	Jan 9	Rm 1	14122

## Family Programs

<b>FAMILY YOGA</b>				
Experience a play based yoga setting for the whole family. Classes teach a variety of traditional yoga postures and breathing techniques through play, partner work and time alone on the mat. A fun way to get in touch with the body and movement for parents and kids. Family yoga is for parents and children age 4-14. ***Price includes one adult and up to three children aged 4-14 years. All family members need to register. Bring your own yoga mat.***				
\$50 / 10 wks	Thurs 6-7pm	Jan 11	Gym	15350
<b>“FIT FAM”</b>				
A ten week program through Langs and Healthy Beginnings that welcomes families to come and try new activities, games and sports focusing on health, nutrition and wellness. Each week will be something different for all ages! A snack will be provided.				
Free / 10 wks	Wed 6:30-7:30	Jan 17	Gym	15573

### Programs cancelled

Saturday Feb 17, Monday Feb 19; Monday, Mar 12 – Friday, Mar 16

## Special Interest – Youth Programs

<b>CCCC YOUTH DROP IN (12-17yrs)</b>			
Bored? Having trouble finding ways to fill your weekday evenings? Why not try YDI...come play sports, or get help with homework. Everyone's welcome – come alone and bring a friend.			
Free	Tues and Fri 6-9pm	Ongoing	Gym

## Adult Programs

<b>VOLLEYBALL (16+)</b>				
Come out for a fun game of volleyball and meet some new friends				
\$32 / 10 wks	Mon 7-8:45pm	Jan 8	Gym	14138
<b>POUND *NEW*</b>				
POUND is a unique exercise method inspired by the energizing and sweat dripping fun of playing the drums. Using Ripstix, lightly weighted drumsticks, POUND was designed to transform drumming into an incredibly effective way of working out.				
\$46 / 10 wks	Thurs 7-8pm	Jan 11	Rm 2	14137
<b>BALLROOM DANCING - BEGINNER (18+)</b>				
This introductory couples class teaches the basics of Foxtrot, the Waltz, Rumba, Swing, and Tango, focusing on communication between partners. The class will teach you to feel comfortable and confident out on the dance floor.				
\$64 / 10 wks	Thu 7:00-8:00pm	Jan 18	Gym	14119
<b>BALLROOM DANCING - INTERMEDIATE (18+)</b>				
Building on the skills you have learned in Beginner Ballroom, this class focuses on techniques that turn steps into dancing. Build your repertoire of moves in Foxtrot, Waltz, Swing, Tango, Rumba, and add Cha Cha as well.				
\$73 / 10 wks	Thu 8:00-9:30pm	Jan 18	Gym	14120
<b>BRAIN FITNESS</b>				
The scientifically based, physical workout designed to stimulate and challenge your brain. Whether you're concerned about dementia, or wish to maintain a healthy brain, this class is a fun-filled mental tune-up that teaches important techniques for preserving cognitive health as you age.				
\$52 / 10 wks	Thurs 1:30-2:30pm	Jan 18	Gym	14121
<b>DANCING WITH DISABILITIES *NEW*</b>				
Canada's first dance program tailored to meet the physical and cognitive challenges of MS, Parkinson's, cerebral palsy, stroke, TBI, and other movement disorders. This scientifically based program uses music and dance to stimulate the body/brain connection, creating greater balance, coordination, and fluidity of movement. Wheelchairs, scooters, walkers, or your own two feet, everyone is welcome. No experience necessary. Trained volunteers in every class. Funding may be available for those on disability pensions.				
\$50 / 10 wks	Wed 1:30-2:30pm	Jan 17	Gym	15358

## Special Interest

<b>CROCHET CLUB</b>				
Join us for crochet club where we share ideas, patterns and so many laughs! \$5 cost covers supplies.				
\$5.00/ 10 wks	Mon 9:15-11:15	Jan 8	Rm 1	14123

**Programs cancelled**  
**Saturday Feb 17, Monday Feb 19; Monday, Mar 12 – Friday, Mar 16**

## Partner Programs \*Register in person unless stated otherwise\*

<b>KIDZONE (5-12yrs)</b>				
Join us weekly for games, skits, trivia and lots of fun! *Parents will need to fill out a form prior to child attending.				
Free / Drop In	Tues 3:20-4:20pm		Gym	
<b>STRONG START – GET READY FOR SCHOOL</b>				
This program is free for children born in 2014. Trained Instructors will help children learn letter sounds, build their vocabularies, develop classroom learning behaviours (e.g. lining up, taking turns), and will make new friends. For more information about this great program go to <a href="http://www.strongstart.ca">www.strongstart.ca</a> . Registration starts on November 1, 2017 at Centreville-Chicopee Community Centre.				
Free	Tues & Thurs 1-3pm	Jan 2018 – Jun 2018	Rm 2	
<b>LEARNING IS CHILD’S PLAY (Up to age 6)</b>				
For parents and children up to age 6 focusing on developing skills to support learning in kindergarten. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / Drop In	Thurs 9:15-11:15am	Jan 11 – Mar 29 (No program Mar 15)	Pre/Gym	
<b>BABY AND ME (0-12 mths)</b>				
Parent and infant birth to 12 months come together to learn songs, rhymes and finger play. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / 6 wks	Wed 1:30-2:30pm	March 7 – Mar 28 (No program March 14)	Rm 1	14118
<b>INFANT MASSAGE (0-12 mths)</b>				
Parents with babies under 1 learn how to massage their babies in a comfortable environment. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / 4 wks	Wed 1:30-2:30pm	Jan 10 – Jan 31	Rm 1	16475
<b>BABY CONNECTIONS (6-12 mths)</b>				
Parent and infant, 6 to 12 month program focusing on building early literacy skills through songs, rhymes and books. Contact Our Place Family Resource and Early Years Centre at 519-571-1626 for more information.				
Free / 4 wks	Wed 1:30-2:30pm	Feb 7 – Feb 28	Rm 1	16476
<b>NUTRITIOUS KITCHEN</b>				
Learn the basics of preserving food, each week will concentrate on one fruit/vegetable and preserving in a couple of different ways and how to store food for the winter. Also an introduction to utensils and pots used in preserving. *Free child care available*				
Free / 6 wks	Thurs 1:00-2:30pm	Jan 18	Kitchen/Pre	
<b>ST JOHN’S BABYSITTING COURSE (11-14 YRS)</b>				
Developed by a team of child care professionals, trained babysitters, St. John Ambulance instructors, and parents this course teaches new babysitters the skills necessary to care for infants, toddlers and pre-schoolers. It emphasizes safety, dealing with emergencies and first aid basics				
\$45 / 1 wk	Fri 9am – 4:30pm	Jan 26	Rm 2	16490
<b>JUST4GIRLS – SHORE (10-12 yrs)</b>				
This is a free program for girls ages 10-12. We will play fun games and chat about all things girl-related! We will talk about things like your changing body, friendships and relationships! Snacks are provided.				
Free / 8 wks	Tues 3:30 – 5pm	Jan 16	Rm 2	16489
<b>FEARLESSLY GIRLS (11-16 yrs)</b>				
Fearlessly Girl is an instructor-led dance and movement program that builds positive body-image and self-acceptance/ confidence while also encouraging girls and gender non-conforming youth to explore movement in a way that feels right to them. This program believes that we are all unique and that there is no right or wrong way of moving. We feel that we each have a way of moving that feels right to us and that this should be celebrated. We will dance with finger lights in the dark and use beautiful scarves as props and so much more. We will also have time to sit and talk and do other activities on the topics of self-love and acceptance.				
Free / 10 wks	Thurs 3:45-5:45	Jan 11	Rm 2	15596