

# CCCA Newsletter

The Centreville-Chicopee  
Community Association  
Newsletter



FALL  
2017



## Fall Programing 2017

Be sure to check out our  
**NEW** programs this season!

**Registration Starts  
August 22, 2017  
and is on-going**

Register on-line or in person at  
Centreville-Chicopee Community Centre  
**141 Morgan Ave, Kitchener, ON**

Phone 519-741-2490

TTY 1-866-969-9994

Monday-Thursday 9am-12pm & 1-8pm

Friday 9am-12pm & 1-4pm

Saturday 9am-12pm

Centre hours are based on  
programming and special events.

*Due to limited space in our programs we  
encourage you to **Register Early** to avoid  
disappointment.*

## Online Registration Starts Aug 22

The Centreville-Chicopee Community  
Association (CCCA) is now offering  
convenient online registration for your  
neighbourhood programs.

Find out how you can register for your  
favourite programs quickly and easily online  
– in the comfort of your own home - by  
visiting [www.kitchener.ca](http://www.kitchener.ca) or *flipping to*  
*page 3*

We can also help you process your  
registration in person at the  
Centreville-Chicopee Community Centre



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Printed in co-operation with





Greetings,

Sitting in on your Centreville-Chicopee Community Association Board (CCCA) Meetings are such a pleasure for me. I see so much enthusiasm and passion from these individuals as they plan events and programs for you to enjoy. As you can see, there are more great programs to take part in which I hope you do. Kitchener is known for being a leader in innovation and the new Skilled Saturdays programs will get our kids learning and innovating while having fun.

I want to give my sincere thanks to your CCCA board members for planning another stellar Neighbours Day Party on June 10. Attendance was huge. We appreciate the love and support Grandview Church gave us by providing funding, volunteers and musical entertainment.

Please drive carefully through school zones. The speed limit is 40kph in school zones which reduces the risk and severity of an accident. Let's all put the safety of our children first.

I'm happy to assist you with any city concerns or questions you have. Please call me at 519-741-3424, or email me at [dave.schnider@kitchener.ca](mailto:dave.schnider@kitchener.ca). Kitchener's Contact Centre is available 24 hours a day at 519.741.2345. Call to report an issue or ask questions when it's convenient to you.

All the BEST!

Councillor Dave Schnider—Ward 2



**THANK YOU!**

Thank you to all the volunteers who came out  
to make the third annual  
Neighbours Day such a great success!!  
See you next June!

# Register Online

Our new online program registration system - [ACTIVE Net](#) - is now live! The new system will allow you to:

- Register for programs using your email address (no more worrying about a PIN and Family ID)
- Find the programs you're looking for easily with its better search function
- Experience fewer delays on those prime registration days due to overloaded servers

## **Existing Accounts**

If you have registered for programs over the past three years and/or have a WEBreg account:

**Step 1:** Go to [www.kitchener.ca/activenet](http://www.kitchener.ca/activenet).

**Step 2:** Click on 'Sign In'.

**Step 3:** Click on 'Forgot Password' and enter your email address to have your login information sent to you.

If you have an account but it's not accepting your email, please call 519-741-2200 x2907 or drop into a community centre near you.

## **New Customers**

If you've never registered for a City of Kitchener program (or it's been longer than three years) you'll need to create a new account:

**Step 1:** Go to the [new online site](#).

**Step 2:** Click on 'Create Account'.

**Step 3:** Complete your information!

Please note: The new system requires you to have an email address to access your account. If you are enrolling children or family members, you will need to add them to your account for registration. If you do not set up children or family members when creating your account, there is an opportunity to do so at any time under "My Account".

## **Tips to help you have a great online registration experience**

With the registration system, you can:

- Register for camps and programs at community centres, arenas, and pools
- Look up facility information
- View upcoming registration dates

### **1. Have your login name and password ready**

1. Go to [www.kitchener.ca/activenet](http://www.kitchener.ca/activenet)
2. Click "Sign In"
3. Login with your email address and password

### **2. Pick your classes ahead of time**

Create a Wish List to add programs or activities before registration starts. When registration opens, log into your account and complete your transaction.

Please note: this does not guarantee a spot in the program. It's a good idea to have some backup classes just in case your preferred class is full.

## **Refund Policy Procedures: Requested by Participants Only**

Refund requests will be granted if request is made prior to the 3rd class. If a withdrawal request is made after the third class, participant must supply a doctor's note. A CCCA representative will make the final decision on any late withdrawal requests. All withdrawals are prorated based on the number of classes remaining, unless the program states otherwise.

## **Refund Policy Procedures: Program Cancellation**

A full refund will be issued for any programs the CCCA cancels.

# **CENTREVILLE CHICOPEE COMMUNITY ASSOCIATION**

## **Privacy Policy**

The CCCA understands that you value your privacy. Our Association is committed to ensuring the confidentiality and proper use of any personal information you provide.

To view a copy of our Privacy Policy please contact:

Chicopee-Centerville Community Association

141 Morgan Ave, Kitchener, ON N2A 2M4,

Or view the Privacy Policy online at <http://cccakitchener.com/>

## **Centreville Chicopee Contract Instructors**

The CCCA is always looking for certified and experienced contract instructors who are interested in providing engaging activities and programs to our community. Hours of work will be determined upon the weekly commitment of the program (i.e. Adult Fitness classes may have both intermediate and experienced classes).

## **POSITION REQUIREMENTS**

- Must have appropriate certifications from accredited organizations.
- Must be at least 18 years of age.
- Must be willing to attend mandatory staff training.
- Must have demonstrated communication skills.

Please submit all resumes to Ernest at: [cccaprograms@outlook.com](mailto:cccaprograms@outlook.com)



## **CCCA BOARD MEETINGS**

Are you interested in volunteering opportunities or simply want to find out more about what goes on at CCCA? Then *come on in and share your input with us!* Meetings are typically held on once a month on the third Wednesday from 7 - 8 pm. Please check the date of the next meeting our Facebook page. The Annual General Meeting is on October 18, 2017

## **KEEP IN TOUCH WITH YOUR LOCAL CCCA**

Throughout the year the CCCA works hard to bring our community many fun events and excellent programming. Follow us on Facebook (Centreville Chicopee Community Association), Twitter (@CCCentreville) or stop by the web site ([www.CCCAkitchener.com](http://www.CCCAkitchener.com)) to see what's happening at the Centreville-Chicopee Community Association this season!

## **CALENDAR OF EVENTS**

### **Programs are cancelled on the following dates:**

Thanksgiving Weekend: programs cancelled Saturday October 7, and Monday October 9

## Preschool Programs

<b>LITTLE LEARNERS (30m-5yrs)</b>				
Your child will enjoy discovering new friends, toys, games, songs, and stories				
\$80 / 12 wks	Wed 9:30-11:30am	Sept 20	Pre	9269
\$80 / 12 wks	Fri 9:30-11:30am	Sept 22	Pre	9267
<b>PARENT &amp; TOT DROP IN</b>				
The kids can enjoy playing with all sorts of toys, balls and bikes while parents chat.				
Free	Mon 9:15-11:15am	Sept 18	Gym	9271



Registration for Strong Start's® *Get Ready for School* program will begin on **November 1st, 2017!** This program is free for children born in 2014. Trained Instructors will help children learn letter sounds, build their vocabularies, develop classroom learning behaviours (e.g. lining up, taking turns), and will make new friends. For more information about this great program go to [www.strongstart.ca](http://www.strongstart.ca).

## Children & Youth Programs

<b>KINDER SOCCER (3-5yrs)</b>				
This program teaches basic skills of soccer in an active fun class of same age children				
\$48 / 12 wks	Sat 12:15-1pm	Sept 16	Gym	9441
\$48 / 12 wks	Mon 6-6:45pm	Sept 18	Gym	12868
<b>JUNIOR SOCCER (6-11yrs)</b>				
This program teaches basic skills of soccer in an active fun class of same age children				
\$48 / 12 wks	Sat 11:30-12:15pm	Sept 16	Gym	9438
<b>KARATE BEGINNER – WHITE + RED BELT (6-14yrs)</b>				
An introduction to karate to help build self-confidence, respect of self and others. Testing and uniforms are available at an extra cost but are not required.				
\$70.00 / 12 wks	Wed 4:30-5:15pm	Sept 20	Gym	11949
<b>KARATE ADVANCED – YELLOW BELT + (6-14yrs)</b>				
Students will learn more advanced skills, including sparring, self-defense and kata. Testing and uniforms are available at an extra cost but are not required.				
\$70.00 / 12 wks	Wed 5:15-6pm	Sept 20	Gym	9432
<b>DRAMATIC ARTS *NEW* (10-12yrs)</b>				
Participants will be introduced to the basic techniques and principles of theatrical plays and acting through the form of brief lessons and games, as well as be preparing for a play that will be performed in front of friends and family on the last class.				
\$48.00 / 12 wks	Thurs 6:45-7:45	Sept 21	Pre	11952
<b>JUNIOR BASKETBALL (6-11yrs)</b>				
During this program your child will learn the basic skills of basketball in an active fun class.				
\$48 / 12 wks	Sat 10:45-11:30am	Sept 16	Gym	9435
<b>SKILLED SATURDAYS *NEW* (9-12ys)</b>				
Skilled Saturdays will allow participants to gain insight into future careers in Skilled Trades and Technologies through fun, engaging, hands-on activities, and collaboration with industry professionals. Activities will explore basic skills in all sectors of the Skilled Trades: Service, Manufacturing, Motive Power, Construction, and Technology.				
\$30 / 6 wks	Sat 10am-12pm	Sept 16	Rm 2	11962

<b>VISUAL ARTS *NEW* (6-9yrs)</b>				
This program will be based around the seven basic concepts of visual arts – line, space, shape, form, texture, value and color. Each class will consist of a brief lesson followed by making an art piece based on one of those concepts. At the end of the 12 week program, participants will have a portfolio to bring home with all their accomplishments.				
\$48 / 12 wks	Tue 6-6:45pm	Sept 19	Rm 1	11962
<b>LEGO MINDSTORM ROBOTICS – STEMOTICS *NEW* (9-14yrs)</b>				
LEGO Mindstorms EV3 is designed for those with no programming background and introduces students to concepts such as coding, looping, decision-making and flow control as they utilize the visual drag and drop programming interface. Students design and build programmable robots using high-quality motors, sensors, gears, wheels, axles, and other technical components. By using hands-on robotics, students will gain a better understanding of how technology works in real world applications.				
\$48 / 6 wks	Wed 4:15-5:45pm	Oct 11	Rm 2	12562
<b>LEGO WeDo ROBOTICS – STEMOTICS *NEW* (5-8yrs)</b>				
The LEGO® WeDo robotics is a robotics program that introduces young students to robots & coding. Students will be able to build LEGO models featuring working motors and sensors; program their models; and explore a series of cross-curricular, theme-based activities while developing their skills in science, technology, engineering, and mathematics as well as language, literacy, and social studies.				
\$48 / 6 wks	Wed 6-7pm	Oct 11	Rm 2	12563

## Dance Programs

<b>KINDER BALLET (30M-5yrs )</b>				
Program introduces child to beginner fundamentals of ballet, a great way to have fun and get active.				
\$48 / 12 wks	Sat 10:30-11am	Sept 16	Rm 1	9126
<b>KINDER JAZZ (30M-5yrs)</b>				
Learn fun and exciting Jazz dance steps at a beginner level.				
\$48 / 12 wks	Sat 11-11:30am	Sept 16	Rm 1	9129
<b>KINDER COMBO (30M-5yrs)</b>				
Program introduces child to beginner fundamentals of jazz and ballet, a great way to have fun and get active.				
\$48 / 12 wks	Sat 10-10:30am	Sept 16	Rm 1	9132
<b>COMBO DANCE (6-9yrs)</b>				
Program introduces child to beginner fundamentals of jazz and ballet, a great way to have fun and get active.				
\$48 / 12 wks	Tues 5:15-6pm	Sept 19	Rm 1	12867

## Family Program

<b>FAMILY YOGA</b>				
Experience a play based yoga setting for the whole family. Classes teach a variety of traditional yoga postures and breathing techniques through play, partner work and time alone on the mat. A fun way to get in touch with the body and movement for parents and kids. Family yoga is for parents and children age 4-14. ***Price includes one adult and up to three children aged 4-14 years. All family members need to register. Bring your own yoga mat.***				
\$68.00 / 12 wks	Thurs 6-7pm	Sept 21	Gym	8681
<b>FAMILY FUN NIGHT – CARIZON</b>				
Come join us for three FREE special family events this fall! Bring your families and play games, participate in activities and enjoy a healthy snack while spending quality time together. Events will be held on the first Wednesday of the month from 6:30-7:30pm. Registration required.				
Free	Wed 6:30-7:30	Oct 4		12559
Free	Wed 6:30-7:30	Nov 1		12560
Free	Wed 6:30-7:30	Dec 6		12561

## Special Interest – Youth Programs

<b>CCCC YOUTH DROP IN (12-17yrs)</b>			
Bored? Having trouble finding ways to fill your weekday evenings? Why not try YDI...come play sports, or get help with homework. Everyone's welcome – come alone and bring a friend.			
Free	Tues and Fri 6-9pm	Sept 12	Gym

## Adult Programs

<b>VOLLEYBALL (16+)</b>				
Come out for a fun game of volleyball and meet some new friends				
\$38.00 / 12 wks	Mon 7-8:45pm	Sept 25	Gym	8686
<b>POUND *NEW*</b>				
POUND is a unique exercise method inspired by the energizing and sweat dripping fun of playing the drums. Using Ripstix, lightly weighted drumsticks, POUND was designed to transform drumming into an incredibly effective way of working out.				
\$52 / 12 wks	Thurs 7-8pm	Sept 21	Rm 2	9428
<b>BALLROOM DANCING - BEGINNER (18+)</b>				
This introductory couples class teaches the basics of Foxtrot, the Waltz, Rumba, Swing, and Tango, focusing on communication between partners. The class will teach you to feel comfortable and confident out on the dance floor.				
\$76.00 / 12 wks	Thu 7:00-8:00pm	Sept 21	Gym	8875
<b>BALLROOM DANCING - INTERMEDIATE (18+)</b>				
Building on the skills you have learned in Beginner Ballroom, this class focuses on techniques that turn steps into dancing. Build your repertoire of moves in Foxtrot, Waltz, Swing, Tango, Rumba, and add Cha Cha as well.				
\$88.00 / 12 wks	Thu 8:00-9:30pm	Sept 21	Gym	8876
<b>BRAIN FITNESS</b>				
The scientifically based, physical workout designed to stimulate and challenge your brain. Whether you're concerned about dementia, or wish to maintain a healthy brain, this class is a fun-filled mental tune-up that teaches important techniques for preserving cognitive health as you age.				
\$62.00 / 12 wks	Tues 1:30-2:30pm	Sept 19	Gym	8891
\$62.00 / 12 wks	Thurs 1:30-2:30pm	Sept 21	Gym	8892
<b>DANCING WITH DISABILITIES *NEW*</b>				
Canada's first dance program tailored to meet the physical and cognitive challenges of MS, Parkinson's, cerebral palsy, stroke, TBI, and other movement disorders. This scientifically based program uses music and dance to stimulate the body/brain connection, creating greater balance, coordination, and fluidity of movement. Wheelchairs, scooters, walkers, or your own two feet, everyone is welcome. No experience necessary. Trained volunteers in every class. Funding may be available for those on disability pensions.				
\$60.00 / 12 wks	Wed 1:30-2:30pm	Sept 20	Gym	8888

## Special Interest

<b>CROCHET CLUB</b>				
Join us for crochet club where we share ideas, patterns and so many laughs! \$5 cost covers supplies.				
\$5.00/ 12 wks	Mon 9:15-11:15	Sept 18	Rm 1	8684

# Partner Programs

Please register at Centreville Chicopee Community Centre for all these programs, unless otherwise noted.

<b>KIDZONE (5-12yrs)</b>			
Join us weekly for games, skits, trivia and lots of fun!			
Free / Drop In	Tues 3:20-4:20pm	Sept 19 – Nov 21	Gym
<b>STRONG START – GET READY FOR SCHOOL</b>			
This program is free for children born in 2014. Trained Instructors will help children learn letter sounds, build their vocabularies, develop classroom learning behaviours (e.g. lining up, taking turns), and will make new friends. For more information about this great program go to <a href="http://www.strongstart.ca">www.strongstart.ca</a> . Registration starts on November 1, 2017.			
Free	Tues & Thurs 1-3pm	Jan 2018 – Jun 2018	Rm 2
<b>LEARNING IS CHILD'S PLAY (Up to age 6)</b>			
For parents and children up to age 6 focusing on developing skills to support learning in kindergarten. Contact for questions: Our Place Family Resource and Early Years Centre 519-571-1626			
Free / Drop In	Thurs 9:15-11:15am	Sept 7 – Dec 21	Pre/Gym
<b>BABY AND ME (0-12 mths)</b>			
Parent and infant birth to 12 months come together to learn songs, rhymes and finger play. Contact for registration: Our Place Family Resource and Early Years Centre 519-571-1626			
Free / 6 wks	Wed 1:30-2:30pm	Sept 13 – Oct 18	Rm 1
<b>INFANT MASSAGE (0-12 mths)</b>			
Parents with babies under 1 learn how to massage their babies in a comfortable environment. Contact for registration: Our Place Family Resource and Early Years Centre 519-571-1626			
Free / 4 wks	Wed 1:30-2:30pm	Oct 25 – Nov 15	Rm 1
<b>BABY CONNECTIONS (6-12 mths)</b>			
Parent and infant, 6 to 12 month program focusing on building early literacy skills through songs, rhymes and books. Registered program. Contact for registration: Our Place Family Resource and Early Years Centre 519-571-1626			
Free / 4 wks	Wed 1:30-2:30pm	Nov 22 – Dec 15	Rm 1
<b>NUTRITIOUS KITCHEN</b>			
Learn the basics of preserving food, each week will concentrate on one fruit/vegetable and preserving in a couple of different ways and how to store food for the winter. Also an introduction to utensils and pots used in preserving. *Free child care available*			
Free / 6 wks	Thurs 1:00-2:30pm	Oct 5 – Nov 9	Kitchen/Pre
<b>CHRISTMAS COOKING</b>			
Food for gifts, delicious temptations to prepare for little or no money. Using what is in your cupboard to give something other than cookies. *Free child care available*			
Free / 1 wk	Thurs 1:00-2:30pm	Dec 7	Kitchen/Pre
<b>JUST4GIRLS – SHORE (10-12 yrs)</b>			
This is a free program for girls ages 10-12. We will play fun games and chat about all things girl-related! We will talk about things like your changing body, friendships and relationships! Snacks are provided.			
Free / 8 wks	Tues 3:30 – 5pm	Oct 5 – Nov 23	Rm 2

## 2017 Christmas Food Hampers and Gifts

The Christmas Bureau helps families living on a low income in Kitchener-Waterloo each December. You can apply to receive a box of food as well as a turkey. You may also receive gifts if you are the parent or guardian of children under the age of 16.

The box of food contains non-perishable and perishable items. There will be some fruit like apples and some vegetables like carrots and potatoes, in addition to canned goods.

You must apply in person to receive these items.

Registrations will start November 6 and end December 1st 2017.

For information on how and where to apply visit our website [www.christmashampers.ca](http://www.christmashampers.ca)

